Year 9 RSHE			
Key Learning		Pre-Exposure Tasks	Linked Fiction
Autumn I	Relationships What are the features of healthy intimate relationships? Begin to consider the development of intimate relationships. Understand the importance of safe and healthy intimate relationships. Consider the features of healthy intimate relationships and recognise why thinking carefully about contraception is important.	When reflecting on TV, books or music consider: What messages about relationships are being conveyed? Are they realistic or healthy messages? Are the characters' actions and words acceptable? https://learning.nspcc.org.uk/research-resources/leaflets/parent-leaflets 'NSPCC Parents Leaflets' which offer a range of helpful information packs concerning child sexual exploitation.	GOODBYE STRANGER Goodbye Stranger Rebecca Stead
Autumn 2	Health and Wellbeing How can I make good decisions regarding alcohol, smoking and drugs? Focus on issues of health and wellbeing relevant to your own lives, including: the dangers of the misuse of drugs and the risks associated with it and the risks of sexually transmitted infections.	https://campaignresources.phe.gov.uk/schools Review the Public Health England website for a range of resources and information sheets linked to health issues that affect young people.	Ella on the Outside Cath Howe
Spring	Living in the Wider World How can I contribute positively to society? Understand the concept of stereotypes and the harms that can occur as a result. Develop an awareness of reasons why people can face prejudice based on gender or sexual identity. Recognise the benefits of active participation in a community.	Research opportunities to volunteer in your local community. Research the protected characteristics. Discuss why it could be necessary to ensure these groups of people are not discriminated against.	Vote for Effie Laura Wood
Summer	Living in the Wider World How can young people prepare for the world of work? Develop an awareness of the characteristics of the North East Labour Market. Learn about skills for enterprise and employability. Recognise how your digital footprint and behaviour can affect your employability.	https://tinyurl.com/mw754xhy Read the North East Ambition report that captures the opportunities of North East Labour Market. Use your myglobalbridge account to research opportunities to develop your enterprise and employability further.	Don't Feed the Troll John Hickman