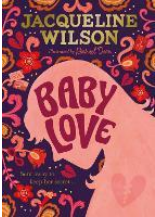
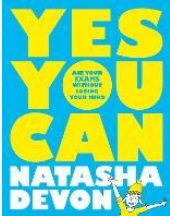
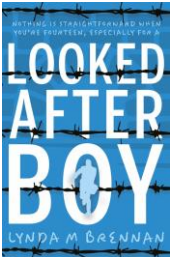


Year 11 RSHE

Key Learning		Pre-Exposure Tasks	Linked Fiction
Autumn 1	<p>Relationships What challenges can relationships and families face?</p> <p>Develop an understanding of what is meant by reproductive health. Consider the challenges that pregnant young people can face. Reflect on the roles and responsibilities of parents.</p>	<p>Discuss and reflect on the reality of parenting with your young person. What are the challenges that are faced? What is the reality of parenting?</p>	 <p>Baby Love Jacqueline Wilson</p>
Autumn 2	<p>Health and Wellbeing How can I promote good mental health for myself and others?</p> <p>Consider the proactive steps Year 11 students can take to care for their mental health. Reflect on the causes of stress and strategies that can be used to manage it.</p>	<p>https://educationhub.blog.gov.uk/2021/09/03/mental-health-resources-for-children-parents-carers-and-school-staff/</p> <p>Access this helpful bank of information sites and resources that promote good mental health of year 11 students.</p>	 <p>Yes You Can Natasha Devon</p>
Spring	<p>Living in the Wider World How does the law protect young people?</p> <p>Understand the role of the law in providing protection and safety to young people. Consider the potential harms of sexual exploitation and county lines drug trafficking, radicalisation, stalking and harassment. Understand the range of support that is available to people affected by these issues.</p>	<p>https://learning.nspcc.org.uk/research-resources/leaflets/parent-leaflets</p> <p>'NSPCC Parents Leaflets' which offer a range of helpful information packs concerning child sexual exploitation.</p>	 <p>Looked After Boy Lynda Brennan</p>