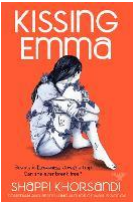


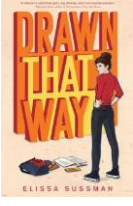


## Year 10 RSHE

Key Learning		Pre-Exposure Tasks	Linked Fiction
Autumn 1	<p><b>Relationships</b>  <b>How can relationships cause harm? How can we avoid this?</b></p> <p>Develop an awareness of key harms that can occur in unhealthy relationships including domestic abuse, sexual harassment and coercive control. Recognise the strategies and support available to those who are in unhealthy relationships.</p>	<p>Go to <a href="https://learning.nspcc.org.uk/research-resources/leaflets/parent-leaflets">https://learning.nspcc.org.uk/research-resources/leaflets/parent-leaflets</a> to find 'NSPCC Parents Leaflets' which offer a range of helpful information packs concerning issues that may affect families.</p>	 <p><b>Kissing Emma</b>            Shappi Khorsandi</p>
Autumn 2	<p><b>Health and Wellbeing</b>  <b>What choices do adults have linked to their health and wellbeing?</b></p> <p>Recognise the proactive steps that can be taken to care for one's physical and mental health including vaccinations, self-examination and screening. Develop skills of basic first aid.</p>	<p><a href="https://www.redcross.org.uk/get-involved/teaching-resources/first-aid-champions">https://www.redcross.org.uk/get-involved/teaching-resources/first-aid-champions</a></p> <p>Research how students can get further experience and even qualifications in basic first aid.</p>	 <p><b>Fierce Fragile Hearts</b>            Sara Barnard</p>
Spring	<p><b>Living in the Wider World</b>  <b>How can young people be affected by material consumed online?</b></p> <p>Develop an awareness of potential risks that can be caused as a result of online life including gambling, pornography and cyberstalking. Consider how images online can affect one's body image.</p>	<p><a href="https://www.internetmatters.org/">https://www.internetmatters.org/</a></p> <p>Review the Internet Matters website for accessible information and advice concerning a host of social media platforms to guide your conversations with your child.</p>	 <p><b>Junk</b>            Melvin Burgess</p>
Summer	<p><b>Living in the Wider World</b>  <b>How can I maximise my employability in the future?</b></p> <p>Consider the routes available to students after the completion of their Year 11 qualifications. Develop an awareness of the job application process and what to include in a CV. Understand the rights and responsibilities of employees.</p>	<p><a href="https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16">https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16</a></p> <p>Read and discuss the guide to post-16 options. Use your myglobalbridge account to research opportunities to develop your enterprise and employability further.</p>	 <p><b>Drawn That Way</b>            Elissa Sussman</p>