

Supporting Your Child in Y13

September 2024



Ponteland
High School

Our aim is to build a school where all of our students are happy, feel safe and achieve exceptionally well.



Attendance



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The higher a pupil's **attendance** , the more they are likely **to** learn, and the better they are likely **to** perform in **exams** and formal assessments.

- Students should attend every day
- Including AM and PM registrations
- Assemblies and Tutorials
- Study periods
- Work Experience and volunteering

Current Y13 attendance is 96%

Organisation



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Checking your child has the appropriate school equipment and brings it to school every day will help them to be successful

- Files
- Pad of paper
- Chromebook
- Pencil case with all equipment
- Cornell Notebooks
- Lanyard
- Bic pens
- Subject Specific equipment

- Do they come home and organise their notes?
- Do they organise their notes online?
- Flashcards?



Organisation



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Take a photo of your child's timetable so you are aware of when they have lessons/free periods

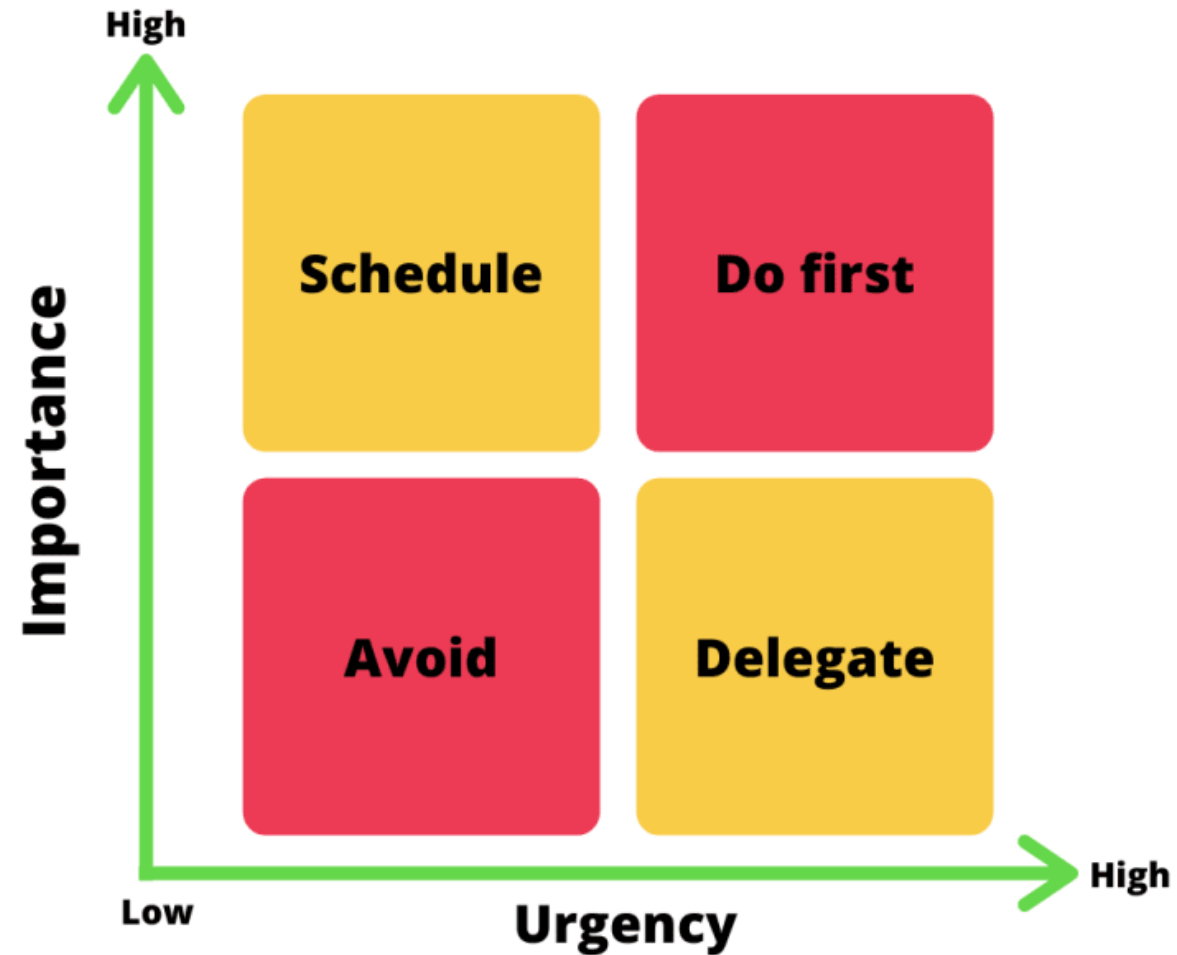
Contact subject teachers if you feel your child is not well-organised or doing homework



Organisation



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Organisation



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- **Creating your revision timetable**

- 1. Write a list of everything you need to revise
- 2. Prioritise your topics
- 3. Figure out how much time you have to revise
- 4. Block out any commitments
- 5. Compile your timetable
- 6. Schedule breaks
- Top tips

- **Making an online revision timetable**

Google Calendar

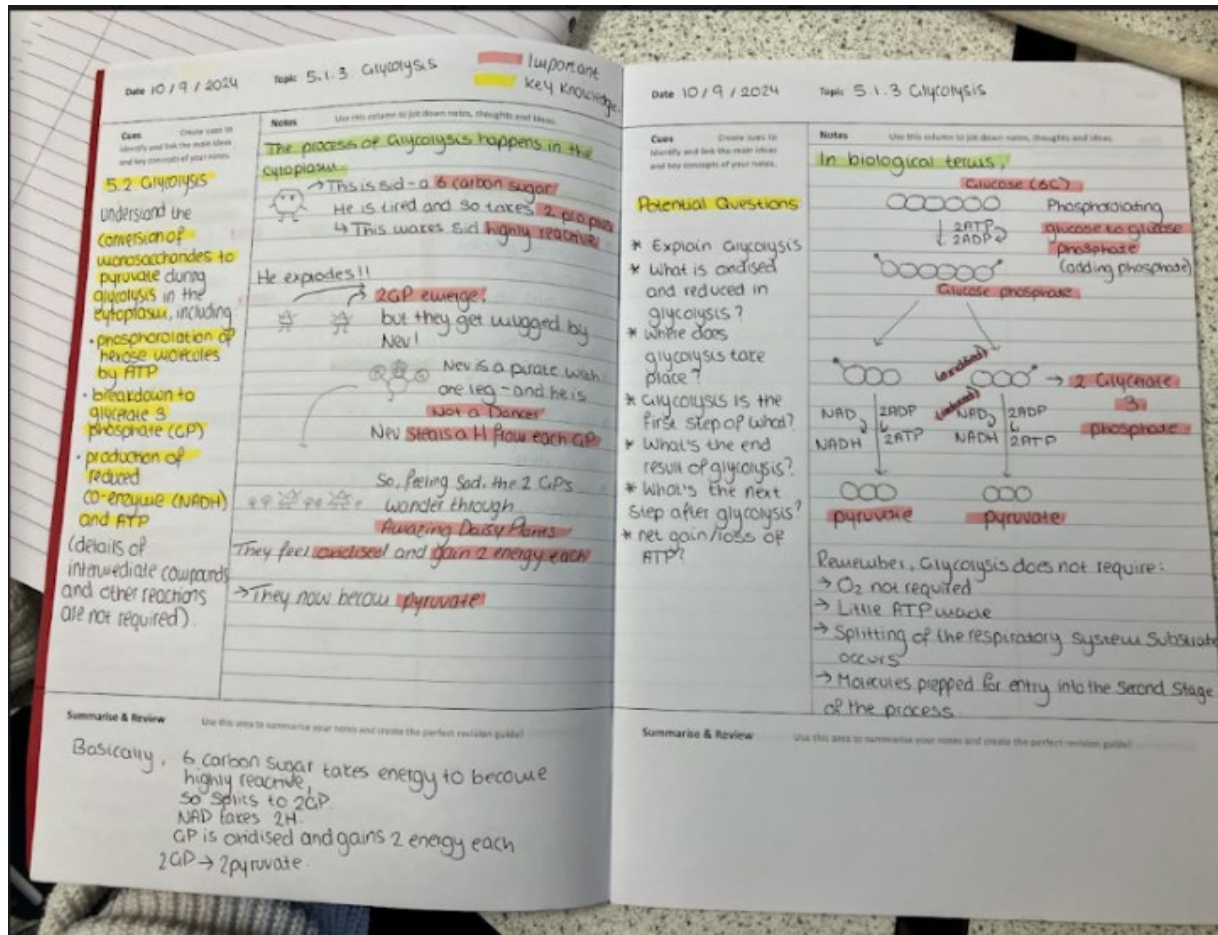
The screenshot shows a Google Calendar interface with a weekly view for Monday (12th), Tuesday (13th), and Wednesday (14th). The calendar is filled with various revision tasks, each represented by a colored block with a time slot. A 'Home' button is visible at the top left of the calendar grid. On the right side, there are icons for home, refresh, user profile, location, and a plus sign for more options.

	MON 12	TUE 13	WED 14
Home			
	Trigonometry, 3pm	Forces flashcards, 3pm	Natural selection flashcards, 3pm
	Geography case studies, 4pm	Shapes equations, 4pm	Chemical reactions formula sheet, 4pm
	Dinner 5 – 6pm	Dinner 5 – 6pm	Dinner 5 – 6pm
	Algebra, 6pm	States of matter mindmap, 6pm	Earthquakes mindmap, 6pm
	Electricity mindmap, 7pm	Genetics flashcards, 7pm	RE definitions, 7pm

Study Techniques



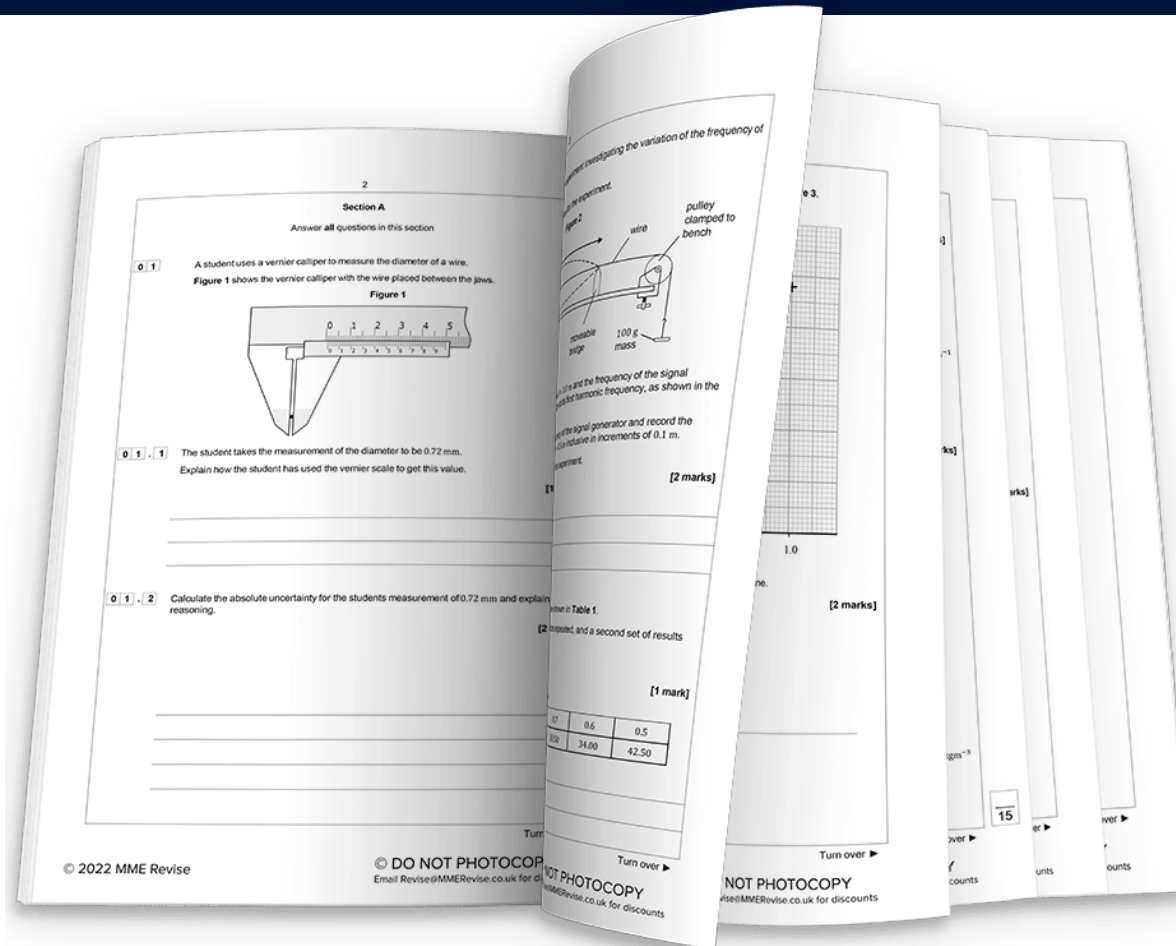
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StudyTechniques



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Subject

Qualification

Specification

Series

exampro

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Find past paper questions so you can make customised assessments for revision, homework and topic tests for GCSE, AS and A-level.

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Study Techniques



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Time Management The Pomodoro Technique

1

Identify a task or tasks that you need to complete

2

Set a timer for 25 minutes

3

Work on the task with no distractions

4

When the alarm sounds, take a 5-minute break

5

Repeat this process 3 more times

6

Take a longer 30-minute break then start again



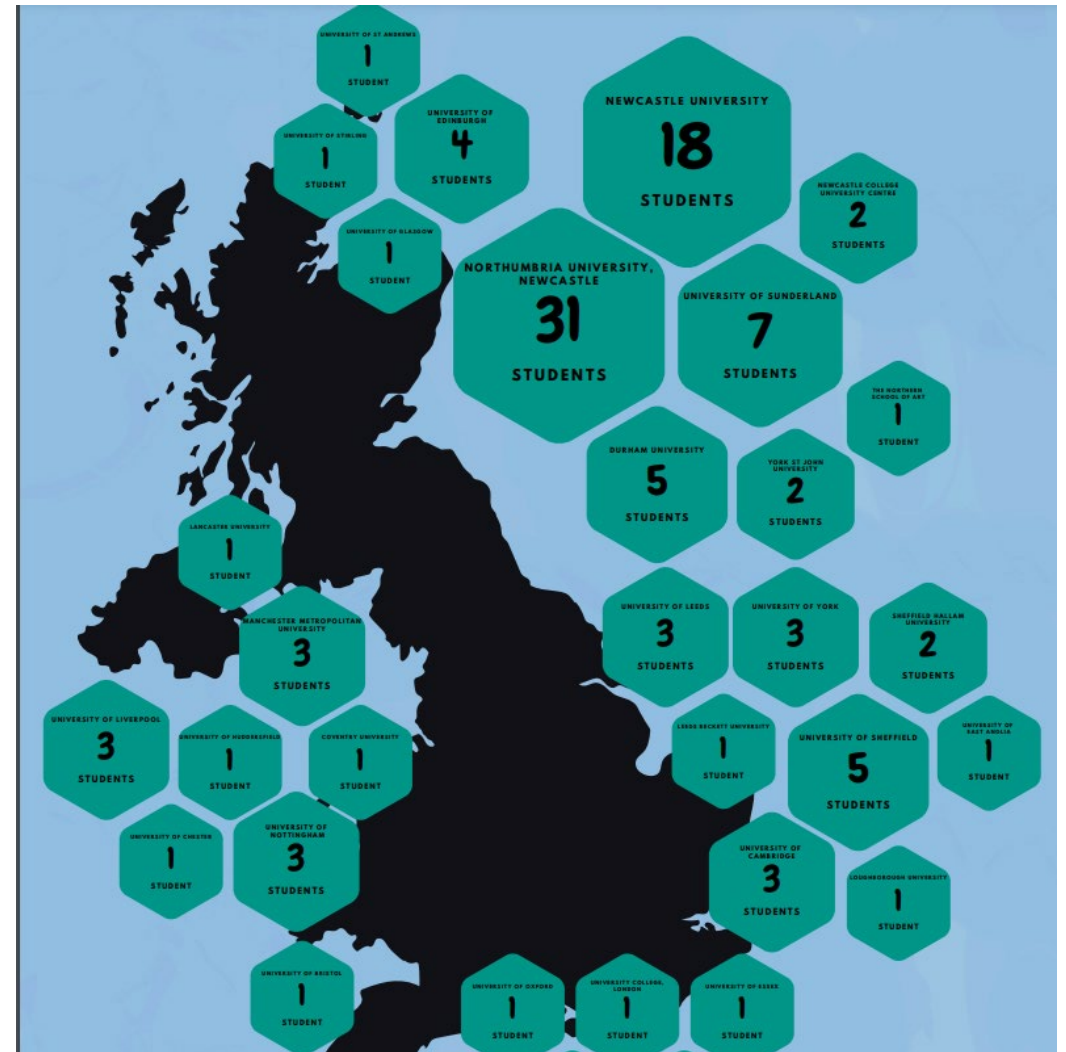
Quizlet

Planning Ahead



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UCAS early deadline:	15 October
UCAS actual deadline:	29 January
Degree apprenticeships:	Sept-Dec
Y13 Mocks:	6 January
Other apprenticeships/ Employment	ongoing

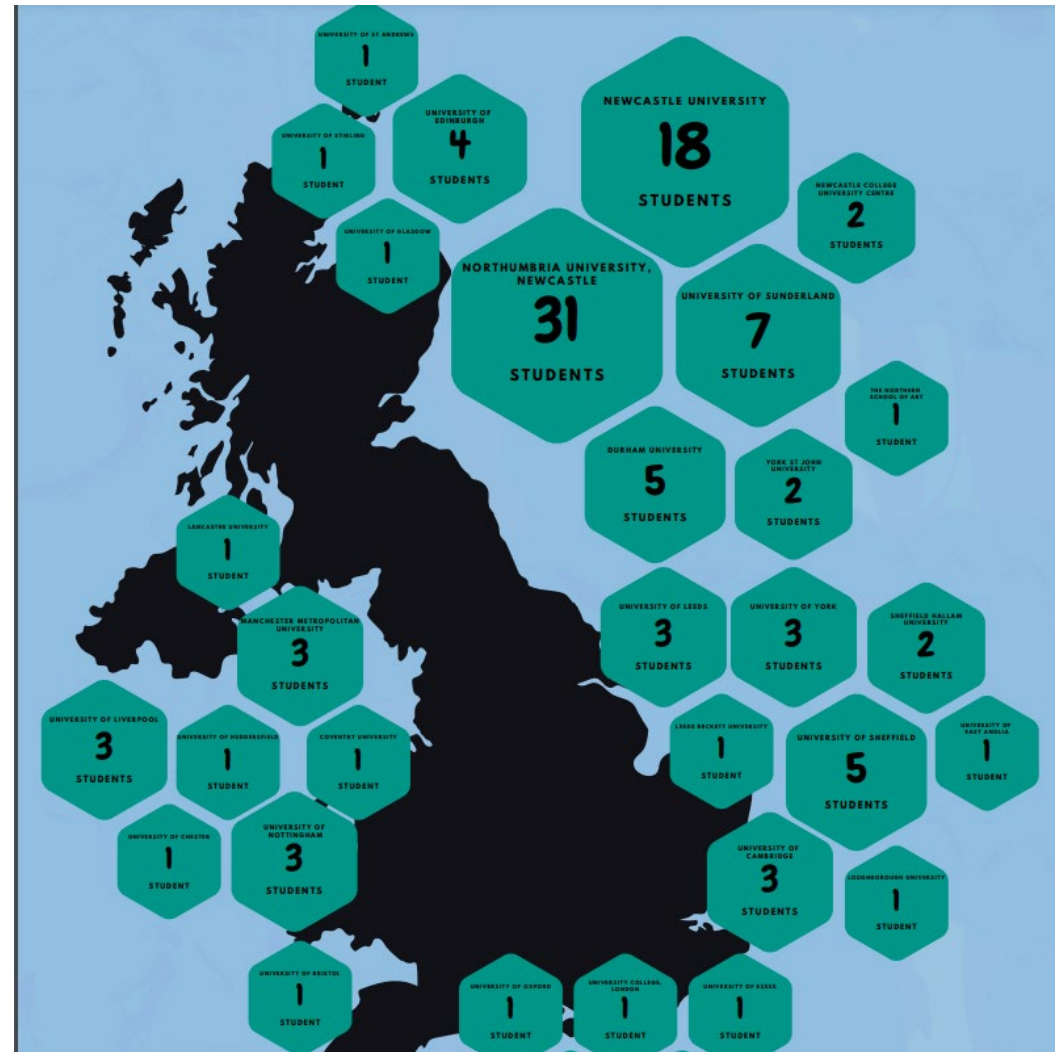


Planning Ahead



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Step	
1.	Complete application on UCAS HUB
2.	Complete personal statement
3.	Redraft personal statement with teacher advice
4.	Attend 30 min appointment for UCAS application
5.	Pay and Send!
6.	Wait for offers ... notify school of results and interviews
7.	Select Firm and Insurance offers
8.	Work hard to get results for your firm offer!
9.	On results day confirm choice, use clearing, or select alternative pathway



Planning Ahead



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- Attend talks about university and apprenticeship opportunities
- **Attend Higher Education Event in school on 9 October**
- Consider Oxbridge or high tariff universities
- Visit universities and open days for Y12

- **Complete super-curricular activities to enhance your application**

- **Attend UCAS Discovery Day in June**
- **Begin application process in June/July of Y12**

Planning Ahead




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Sixth Form - Year 12

Stream **Classwork** People Marks

Enrichment


 Example CVs and Enrichment booklet

UCAS

 UCAS points explained

Hospitals and Medicine Careers


 OPEN DAY - NEWCASTLE HOSPITALS CA...

 YPAGNE: Amazing for medics, nurses, vet...

 SOLICITOR DEGREE & PARALEGAL APPRE...

 Sutton Trust - Support with entry for New...

 Muckle Inspiring Careers Programme - La...

 Become a student advisor for AQA!

 EY Degree apprenticeship/school leavers ...

Part Time Work



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Sixth Form students should not undertake more than 10-15 hours part time work per week.

Part time work should not be undertaken during school hours.

Monitoring Progress



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Please check half termly grade cards and reports carefully, and get in touch early if there are any concerns or issues.



Wellbeing and Support



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When asked, our students said the following were a major hindrance to their success in sixth form :

Staying up late on phones

Not going to sleep until early hours of the morning

Not working in study periods

Procrastination leading to stress and vicious cycle

Part-time jobs taking over their study time

Underestimating the challenge of sixth form after success of GCSEs

Struggling to get in to school in the morning

Hiding behind a lack of organisation

Emotional health problems

Wellbeing and Support



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Support and help is signposted in the sixth form area, in personal development sessions, and in their Google Classrooms



kooth

Kooth
www.kooth.com



FRANK

Frank (Talk To)
0300 1236600



UCAS

UCAS
0371 468 0468



shout
85258

here for you 24/7
Shout
85258



NHS

NHS Direct
111



ChildLine
0800 1111

Childline
0800 1111

Courses and Exam Boards



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Here is a list of courses offered in our sixth form and the exam boards we use. These are helpful in looking for **past paper** material and checking **course content**.

Course	Exam Board
Art	AQA
Biology	EDEXL
Business St	EDEXL
Chemistry	EDEXL
D&T (3D Prod)	AQA
Economics	EDEXL
English Lang	OCR
English Lit	AQA
French	AQA
Geography	EDEXL
German	AQA
History	AQA
Maths	OCR
Further Maths	OCR
Media	WJEC
Music	EDEXL
Physics B	EDEXL
Psychology	AQA
Religion, phil, ethics	OCR
Spanish	AQA
BTEC Applied Human Biology	EDEXL
Bus CTEC Ext Cert	OCR
IT CTEC Int Dip	OCR
Sports Studies CTEC Ext Cert	OCR
EPQ	AQA

Exam board website links:

[AQA](#)

[Edexcel](#)

[OCR](#)