

# Supporting Your Child in Y12

## September 2024



Ponteland  
High School

Our aim is to build a school where all of our students are happy, feel safe and achieve exceptionally well.



# Attendance



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The higher a pupil's **attendance** , the more they are likely **to** learn, and the better they are likely **to** perform in **exams** and formal assessments.

- Students should attend every day
- Including AM and PM registrations
- Assemblies and Tutorials
- Study periods
- Work Experience and volunteering

Current Y12 attendance is 98%

# Organisation



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Checking your child has the appropriate school equipment and brings it to school every day will help them to be successful

Files

Pad of paper

Chromebook

Pencil case with all equipment

Cornell Notebooks

Lanyard

Bic pens

Subject Specific equipment

Do they come home and organise their notes?

Do they organise their notes online?

Flashcards?



# Organisation



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Take a photo of your child's timetable so you are aware of when they have lessons/free periods

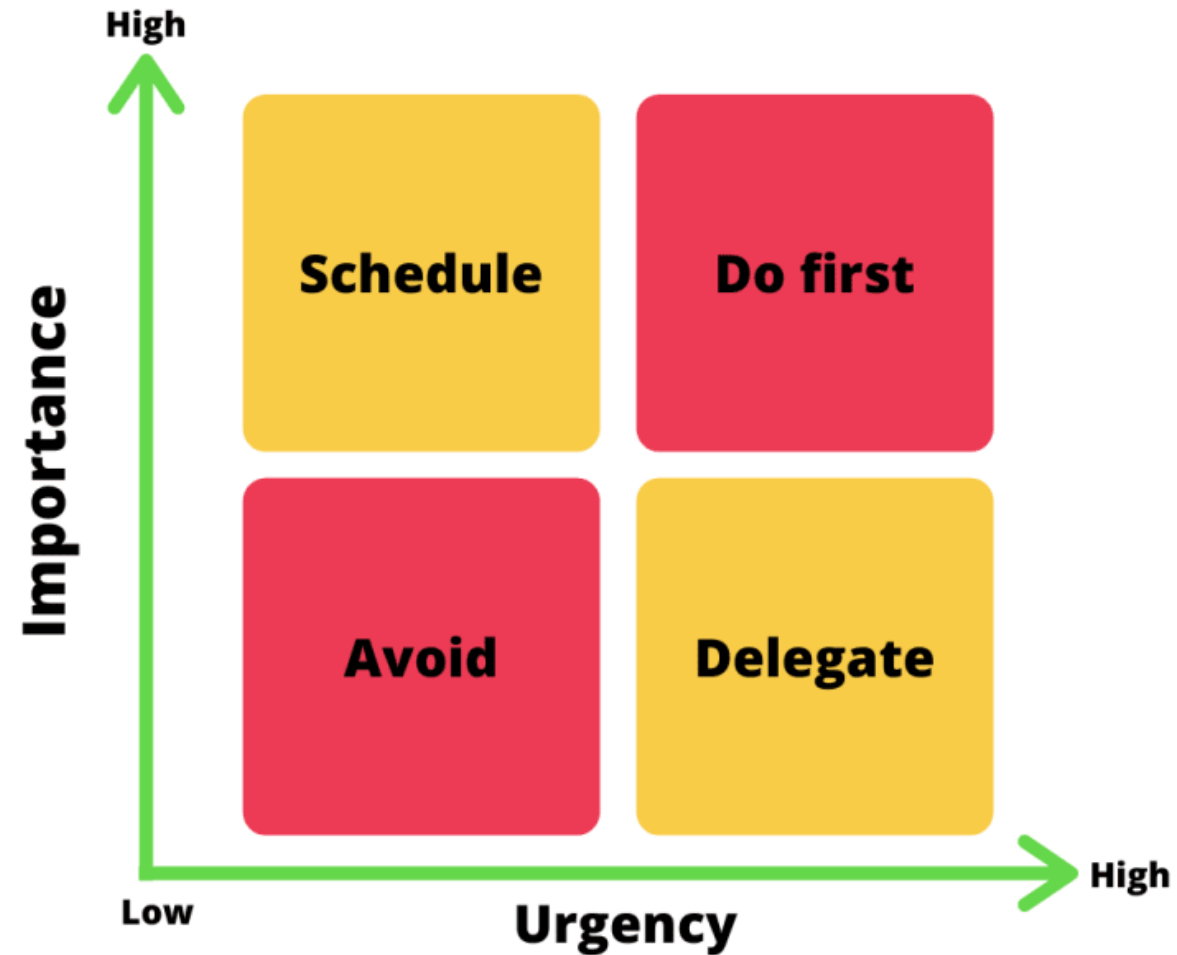
Contact subject teachers if you feel your child is not well-organised or doing homework



# Organisation



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# Organisation



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- **Creating your revision timetable**

- 1. Write a list of everything you need to revise
- 2. Prioritise your topics
- 3. Figure out how much time you have to revise
- 4. Block out any commitments
- 5. Compile your timetable
- 6. Schedule breaks
- Top tips

- **Making an online revision timetable**

## Google Calendar

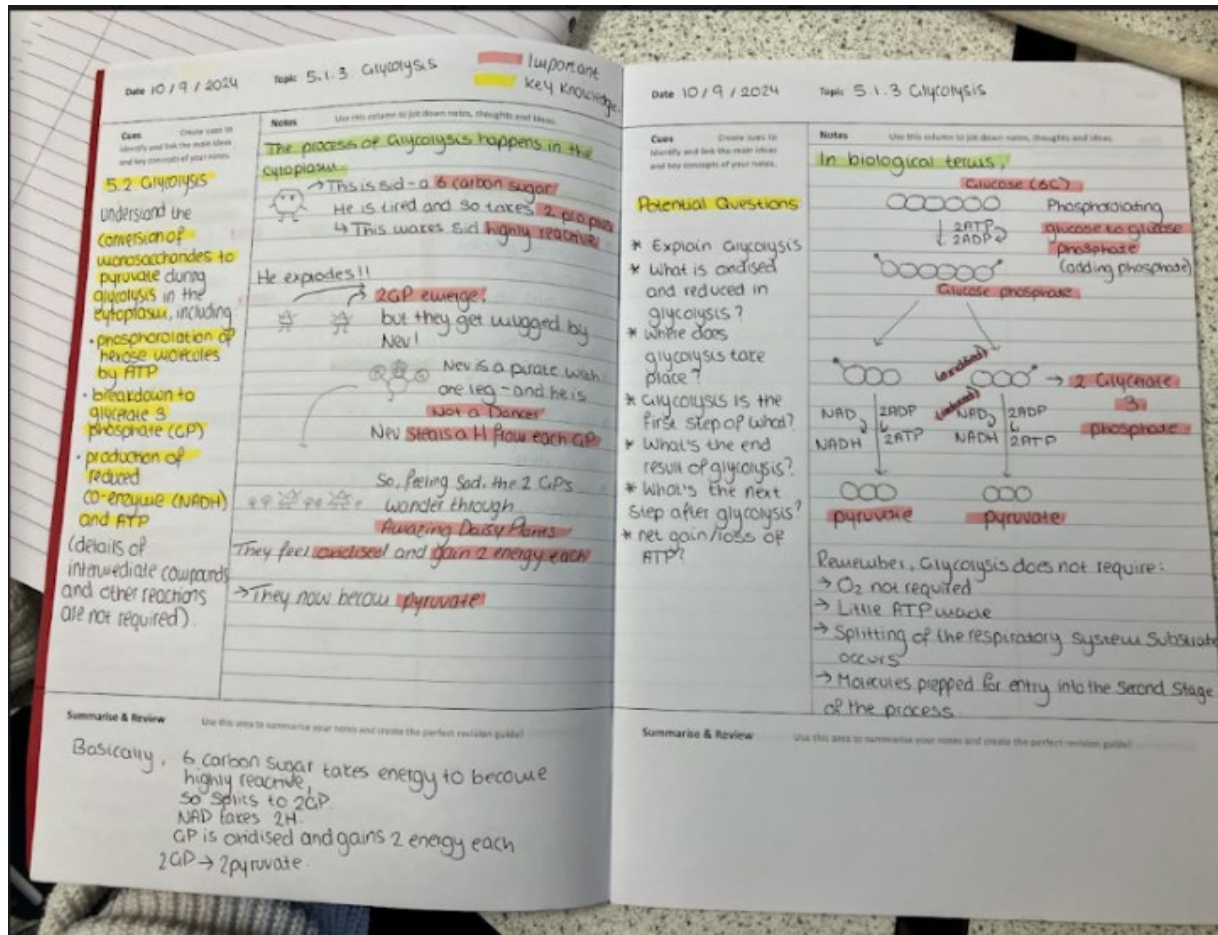
	MON 12	TUE 13	WED 14
Home			
	Trigonometry, 3pm	Forces flashcards, 3pm	Natural selection flashcards, 3pm
	Geography case studies, 4pm	Shapes equations, 4pm	Chemical reactions formula sheet, 4pm
	Dinner 5 – 6pm	Dinner 5 – 6pm	Dinner 5 – 6pm
	Algebra, 6pm	States of matter mindmap, 6pm	Earthquakes mindmap, 6pm
	Electricity mindmap, 7pm	Genetics flashcards, 7pm	RE definitions, 7pm



# Study Techniques



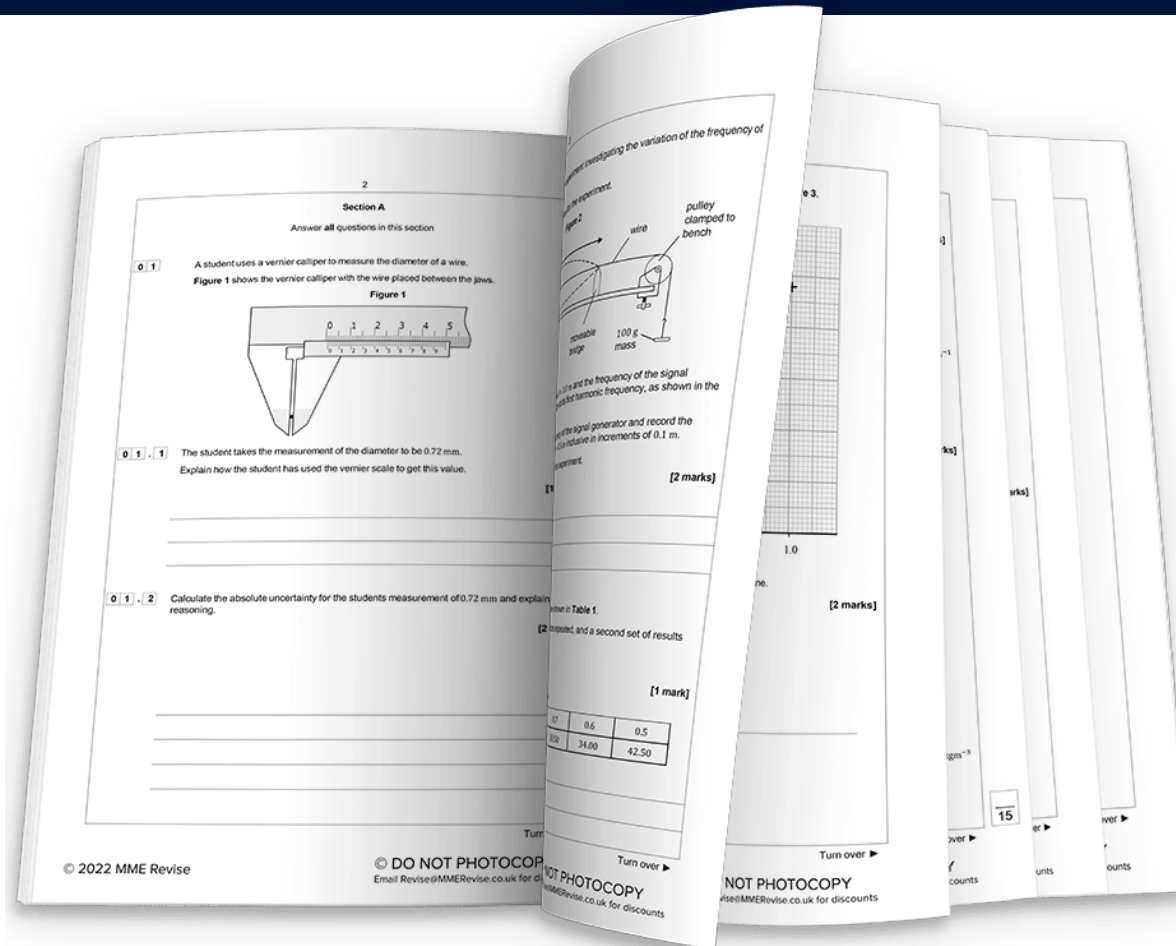
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# StudyTechniques



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[Home](#) / Find past papers and mark schemes

# Find past papers and mark schemes

Find past papers and mark schemes to help you prepare for exams.

Select a subject to start your search.

Subject

Please select



Qualification

Please select



Specification

Please select



Series

Please select



**exampro**

Good assessment made easy  
with Exampro

Find past paper questions so you can make customised assessments for revision, homework and topic tests for GCSE, AS and A-level.

[Get Exampro](#)

# Study Techniques



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## Time Management The Pomodoro Technique

**1**

Identify a task or tasks that you need to complete

**2**

Set a timer for 25 minutes

**3**

Work on the task with no distractions

**4**

When the alarm sounds, take a 5-minute break

**5**

Repeat this process 3 more times

**6**

Take a longer 30-minute break then start again



Quizlet

# Planning Ahead



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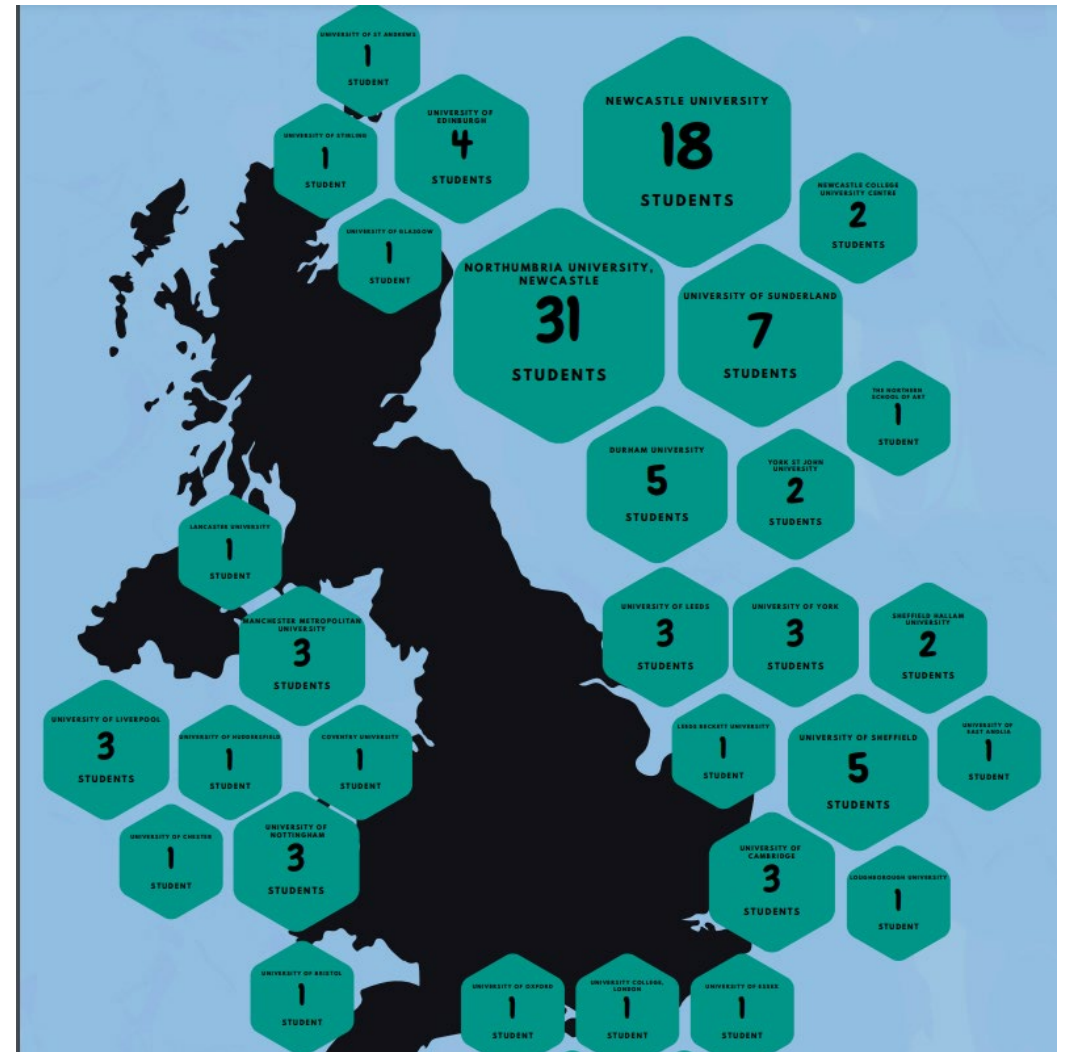
Have discussions about possible future steps:

University or apprenticeships?

Home or away?

Courses?

Careers?



# Planning Ahead



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- Attend talks about university and apprenticeship opportunities
- **Attend Higher Education Event in school on 9 October**
- Consider Oxbridge or high tariff universities
- Visit universities and open days for Y12
  
- **Complete super-curricular activities to enhance your application**
  
- **Attend UCAS Discovery Day in June**
- **Begin application process in June/July of Y12**

# Planning Ahead




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Sixth Form - Year 12

Stream Classwork People Marks

## Enrichment


 Example CVs and Enrichment booklet

## UCAS

 UCAS points explained

## Hospitals and Medicine Careers


 OPEN DAY - NEWCASTLE HOSPITALS CA...

 YPAGNE: Amazing for medics, nurses, vet...

 SOLICITOR DEGREE & PARALEGAL APPRE...

 Sutton Trust - Support with entry for New...

 Muckle Inspiring Careers Programme - La...

 Become a student advisor for AQA!

 EY Degree apprenticeship/school leavers ...



# Part Time Work



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**Sixth Form students should not undertake more than 10-15 hours part time work per week.**

**Part time work should not be undertaken during school hours.**

# Monitoring Progress



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Please check half termly grade cards and reports carefully, and get in touch early if there are any concerns or issues.



# Wellbeing and Support



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When asked, our students said the following were a major hindrance to their success in sixth form :

Staying up late on phones

Not going to sleep until early hours of the morning

Not working in study periods

Procrastination leading to stress and vicious cycle

Part-time jobs taking over their study time

Underestimating the challenge of sixth form after success of GCSEs

Struggling to get in to school in the morning

Hiding behind a lack of organisation

**Emotional health problems**

# Wellbeing and Support



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Support and help is signposted in the sixth form area, in personal development sessions, and in their Google Classrooms



**kooth**

Kooth  
[www.kooth.com](http://www.kooth.com)



**FRANK**

Frank (Talk To)  
0300 1236600



**UCAS**

UCAS  
0371 468 0468



**shout**  
**85258**

here for you 24/7  
Shout  
85258



**NHS**

NHS Direct  
111



**ChildLine**  
0800 1111

Childline  
0800 1111

# Courses and Exam Boards



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Here is a list of courses offered in our sixth form and the exam boards we use. These are helpful in looking for **past paper** material and checking **course content**.

Course	Exam Board
Art	AQA
Biology	EDEXL
Business St	EDEXL
Chemistry	EDEXL
D&T (3D Prod)	AQA
Economics	EDEXL
English Lang	OCR
English Lit	AQA
French	AQA
Geography	EDEXL
German	AQA
History	AQA
Maths	OCR
Further Maths	OCR
Media	WJEC
Music	EDEXL
Physics B	EDEXL
Psychology	AQA
Religion, phil, ethics	OCR
Spanish	AQA
<b>BTEC Applied Human Biology</b>	EDEXL
<b>Bus CTEC Ext Cert</b>	OCR
<b>IT CTEC Int Dip</b>	OCR
<b>Sports Studies CTEC Ext Cert</b>	OCR
EPQ	AQA

Exam board website links:

[AQA](#)

[Edexcel](#)

[OCR](#)